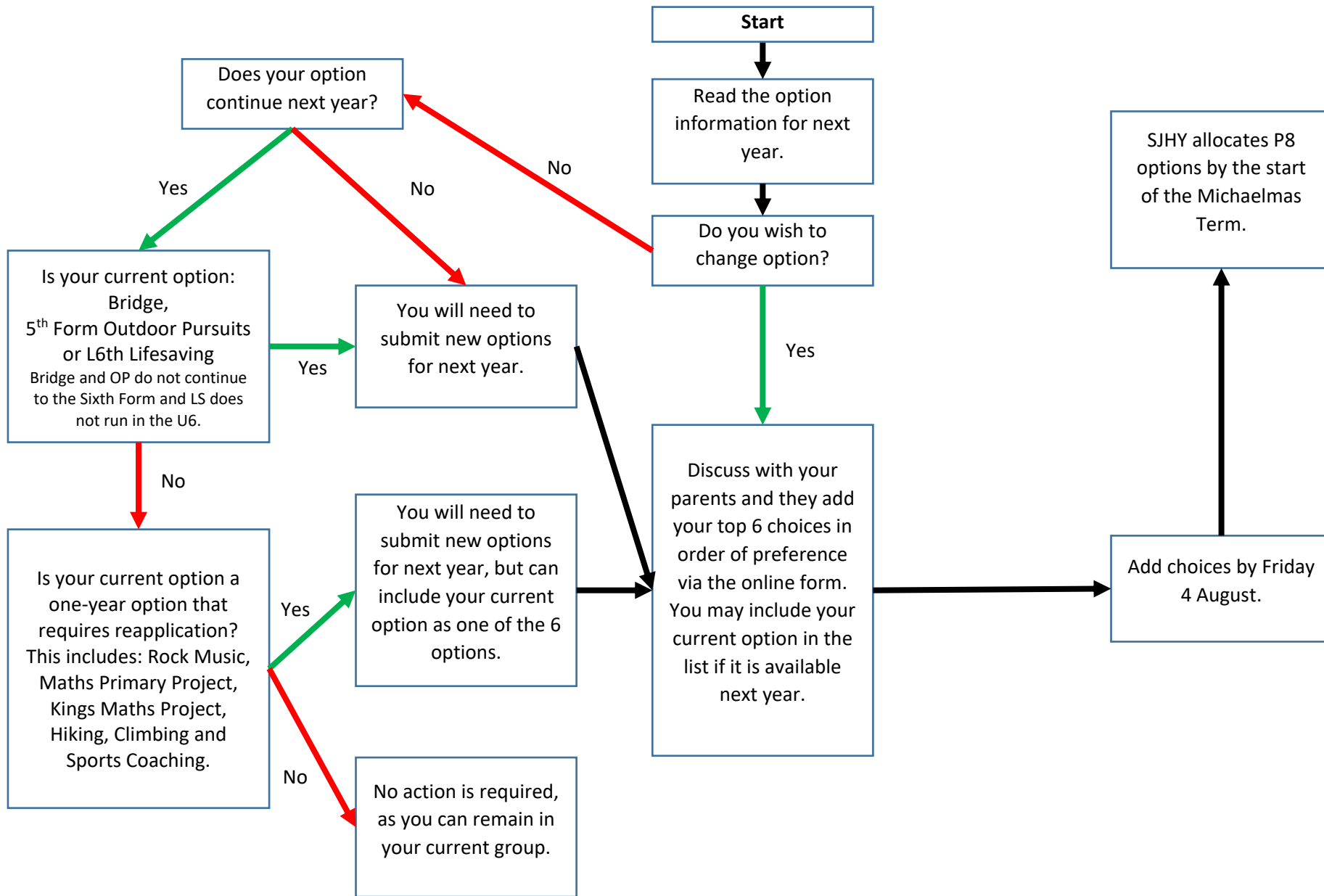


General Information Period 8 2023/2024

- This document provides important information about P8 options available to boys who will be in the Fifth Form and above in September.
- The year groups that the options are open to are shown for each option. They relate to the year that pupils will be in from September (e.g. Last term's 5th Form will thus be L6 etc). All options are shown here, whether or not they are available to your year group. Check the information carefully.
- There are various types of placements for Volunteering. Please read the information carefully and contact Mrs Rathmell by email if you have questions or wish to apply for a specific option.
- Pupils must opt for **6 choices**. Pupils who don't will be allocated last and take the final places available.
- Deadline for the online form to be completed is **Friday 4 August**.
- Any questions to SJHY.



Art Appreciation	AAW	5, L6, U6
<p>The purpose of this activity is to introduce and improve your aesthetic and critical faculties so that you can not only develop your own personal taste and knowledge of art history, but also improve your ability to work with various artistic materials. As well as hearing talks about artists and their practices, pupils will also learn and practice different creative techniques. On field days we visit exhibitions and art collections in London. The school pays the entry for the FD visits, but boys have to purchase their own rail tickets to and from London.</p>		
Bridge	WDC	5
<p>This option firstly teaches the participants to play bridge, both rubber and duplicate with occasional online play. The remaining time is spent practising and playing. On field days, the group takes part in locally-based hikes accompanied by staff. Field day sessions run from 0900 to 1600. Monday sessions end at 1620.</p>		
CCF – All Sections	SJHY	5, L6, U6
<p>The Combined Cadet Force at the RGS is made up of all three services. Cadets complete both theoretical and practical training on a Monday and utilise local military and civilian facilities on field days. Camps and courses run for all cadets both in the UK and overseas. The Fifth Form follow an advanced course relevant to the service they are in, as well as completing a Leadership and instruction course which they conclude in the Lower Sixth Form. During the Lower Sixth Form and then for the Upper Sixth, the boys are appointed into NCO positions and run the training. The CCF offers Adventurous Training Camps on an interest basis for senior boys. The last expedition we ran was diving in Malta. It is rare for new cadets to join the CCF in the Fifth and Sixth Forms, but for those that are particularly keen it may be possible. Boys that are interested should contact SJHY to discuss further before submitting their forms. There is an annual charge of approximately £135.</p>		
Climbing Period 8	MRFR	5, L6, U6
<p>This option allows boys interested in developing climbing skills. The activities provide an appropriate level of challenge for a wide range of abilities, but the activities require a reasonable level of physical fitness. Weekly Period 8 lessons, which end at 1700, take place at Blue Spider where students climb under supervision. Although some Field Days take place in local climbing walls, most involve travel to outdoor rock-climbing venues, weather permitting.</p> <p>There is an annual charge of £350 for this option which will be adjusted for those in the 5 and U6 who complete fewer FDs. All equipment is provided with the exception of climbing shoes, which boys are required to purchase before Michaelmas Half Term.</p>		
Drama	NCM	5, L6, U6
<p>Boys have the chance to explore, develop and perform drama pieces in a variety of styles. Over the year all pupils are given the chance to experiment with different styles of drama, write scripts and improve their performance skills. Boys will be expected to perform in front of their peers as a regular part of the option and some will take part in extra-curricular productions. Monday sessions last from 1520 to 1630. Field days involve workshops and performances run by professional theatre companies and visiting practitioners. In the last year we have had practical workshops on stage fighting, puppetry, “trauma” make up, developing a physical theatre performance, taking part in a “murder mystery” event, and a trip to see a West End play. By joining the group, it must be understood that pupils may well be asked to commit themselves to assist in school productions, whether performing, helping backstage or front of house, or on the technical and props side. There will be a recharge fee of £70 to enable us to deliver the highest standard of workshops on Field Days, this will be charged at the end of the Michaelmas Term. Pupils will also be required to pay for their rail fare to London and back when attending a play on one of the Field Days.</p>		

Hiking	MMC	L6, U6
<p>On Field Days and during P8 boys go on local walks and rambles accompanied by staff. Boys need to arrive promptly at 1520 ready to walk. Some walks may finish after 1630. When it is too dark to walk or the weather is bad, we will undertake a range of related activities such as learning about popular hiking trails and developing map reading skills. There is an annual charge of £15 towards transport costs on FDs.</p>		
Kings College Maths Project	NCP	5, L6, U6
<p>The Kings Maths Project offers the opportunity for up to eight RGS boys to work individually, in pairs, and as a team, to teach Year 9, mainly top set pupils, from Kings College School every week. RGS boys will plan, produce and deliver discrete lessons, mainly on GCSE topics, and will identify and address common mathematical misconceptions. The Kings pupils will usually be taught in small groups and the course will include planning sessions and delivering weekly 50-minute sessions in pairs, usually at the RGS, though occasionally at Kings. You should either be a confident top set mathematician in the Fifth Form or be studying A Level Mathematics or Further Mathematics in order to take part. In addition to good mathematical skills, also necessary is: an interest and enthusiasm for helping and communicating with others; an ability to stay positive when learning from mistakes; being able to listen and to implement constructive suggestions; a willingness to try and self-improve; a commitment to preparing lessons in your own time (if required); being willing to practice at lunchtimes if necessary; and setting and maintaining high standards. While helping others, you will also gain useful experience for yourself, and you will develop your own communication skills and confidence when presenting and explaining. You will need to show that you can work efficiently, reliably and independently on your own when required, and that you can use your initiative when necessary. Boys can reapply for selection to this option each year, though priority will be given to boys who have not taken part previously (together with ensuring the overall suitability of the team). For Upper Sixth boys, this requires a full commitment to Field Days as well as Monday P8. Field Days will usually be at RGS and will often involve preparation for teaching forthcoming sessions, though one Field Day may be working with pupils, possibly from other year groups, at Kings College. If you are interested and need any more information, please email Mr Pinhey (ncp@rgsg.co.uk).</p>		
Lifesaving and Surfing	JAC	L6
<p>Lifesaving and Surfing is run by Mr Casale, Mrs Wilson and Mr Crew. The emphasis is on safety, skill and fitness. Field Days are long weekends spent having surf lessons in Cornwall. There is an additional charge of approximately £130 for each weekend trip attended. The Lifesaving program follows the Bronze and Silver Award schemes as set by the Royal Lifesaving Society for water based rescue and land based first aid. Surfing requires considerable technical ability and physical endurance. The group will train to be ready for the surfing field days. This will be achieved through paddling in the River Wey and swimming at Guildford Spectrum. The aim is to develop stamina and an efficient paddling stroke. In the classroom boys will study the science behind weather and wave forecasting as well as geographical topics such as tides and beach bathymetry. As well as surfing technique they will study the design features of the different types of surf boards and other equipment including the hydrodynamic theory involved. Each field day the emphasis is on the Cornwall trips. (There will also be a local activity such as hiking but only for boys who are unable to attend the Cornwall trips with valid reason). 1st and 2nd Team players of the major sports should be aware that they will encounter clashes with the Cornwall field days in the main term for their sport but can attend field days in the other terms.</p>		
Maths Primary Project	MHH	5, L6, U6
<p>The Maths Primary Project offers the exciting opportunity for 12 RGS boys to work as a team to produce a programme to support and develop the mathematical fluency of pupils in Year 5 and 6 at a local primary school. RGS pupils will learn techniques to teach skills in numeracy, shape and space to young children. The structure of the course will include a handful of planning sessions throughout the course, as well as the delivery of around 15 sessions (due to last approximately 45 mins each). You do not need to be in the top set for maths or be studying A Level Mathematics in order to take part in this group. The skills I will be looking for are enthusiasm, organisation and an ability to communicate. If you are interested and need a little more information, please email Mr Hanak (mhh@rgsg.co.uk).</p>		

Mountain Biking	JSB	5, L6, U6
<p>On Mondays, when the light is good, boys ride trails around the local area, during winter months boys complete technique work, fitness work, route planning and bike maintenance. On field days boys visit the local Surrey Hills with sites famous for mountain biking. Boys need to have their own mountain bikes and get them to school for the Mondays when they are required as well as on field days. Boys must also provide their own safety equipment including a helmet. Some of the Monday sessions, when light is available, will be extended. There is a £15 annual charge for this activity.</p>		
Music Scholar Programme	SJO	5, L6, U6
<p>RGS Music Scholars who opt for this activity will undertake a programme of activities to enhance their general musicianship. During the weekly sessions, boys will follow a structured range of activities to develop their performance skills, both as soloists and as part of an ensemble, aural awareness, and techniques of composition. Monday sessions aim to give boys some protected practice time during their busy weekly routine in recognition of their wider contribution to school music making. Whilst this option is primarily aimed at RGS Music Scholars others are welcome to join at the discretion of the Director of Music and Assistant Head Co-curricular.</p>		
Outdoor Pursuits	KPT	5
<p>Outdoor Pursuits continues as an option in the Fifth Form for those who are currently in it and wish to do so. There may also be some places available for others, as boys leave the option. The programme of activities is operated on a carousel system with boys changing activity each half term. The sample Fifth Form programme contains Ultimate Frisbee, cooking, constructing Siege Machines, and First Aid. Field Day activities include go-karting, Archery tag and Wildwood Adventure, and paintballing. The cost is approximately £200 per year.</p>		
Rock Band	KDA	5, L6, U6
<p>Rock Group runs on Mondays from 1530 until 1630 under the supervision of Kieran Daniel and allows bands to fine-tune their output with advice on song-writing, technical advice on their given instrument and an insight into the recording and music technology side of the music business. On field days, boys will either practice further or perform in public. There is space for up to 3 groups (4 or 5 in each and already part of a band) to take part in this option. If the option is oversubscribed, groups will be asked to write a letter to SJHY supporting their application and may also include a recording of one track. The potential of the applications will be judged by SJHY in consultation with advice from the Music department and the successful groups will be judged on their efforts on an ongoing basis, with groups not using the time effectively being removed from the option. There is an annual charge of £105 for this option. Boys should have their own equipment and instruments for the sessions and must reapply for selection to this option each year.</p>		

Set Construction Group	JBK	L6, U6
<p>The Set Construction Group build and paint sets and props to support upcoming dramatic productions at the RGS. It is a really important group because without it school plays would be much reduced in what we could offer in terms of the complexity of the sets necessary for school plays to be as good as there are. It is a fun activity where you will learn a lot. It is brilliant opportunity to do something a little different and is really useful on your CV because you learn a whole range of transferrable practical skills (as such it demonstrates your versatility). It would be good if group members could have some ability with common hand tools such as drills and saws but applications from all boys will be accepted and reviewed by JBK (the main criteria being that you will approach the activity seriously and not mess about). You need to have a willingness to get stuck in and be able to sort out technical problems in a self-directed fashion given that: 'the show must go on', so the sets have to be finished come what may. We use field days, Monday period 8 sessions and the odd lunchtime/free period (if we are really up against it in terms of deadlines). Sometimes we might need to come in on a Saturday to put the sets up or take them down. Please consider getting involved in this really worthwhile activity.</p>		
Sports Coaching	BDU/RCB	L6, U6
<p>This activity offers an opportunity for our students to learn and demonstrate important life skills, such as effective communication and organisation, whilst learning to lead a range physical activities. These activities will be delivered at the RGS and at local primary schools, offering the students experiences in a wide range of teaching situations. Students will be expected to assist (on a rota basis) with junior clubs on Monday evenings until 5pm. Sports Coaching is a one year option. If the number of applicants exceeds the places available, then we will run 2 groups, each for half a year, with the other half spent completing private study. The course also has input from National Governing Body tutors and leading coach educators. There is an annual charge of £105 for this programme.</p>		
The 1509	TTW	5, L6, U6
<p>The 1509 is the RGS student -led, student-read digital paper. The paper is produced and edited entirely by sixth form students, but we welcome contributors and writers of all ages. This is your introduction to the world of journalism. You will learn how to manage a working website, commission and edit articles and explore a wide range of digital media from film, photography and web design. This is a great opportunity for student leadership, as senior students will manage teams of younger writers. Many top universities have digital student newspapers, so this is also excellent preparation for your extra curricular life at university. On our Monday sessions you will write and edit articles which may involve leaving the school site for research, interviews and photography. On field day we hope to have guest speakers from the industry: journalists, photographers and web-designers on hand to offer advice and support. It's your chance to have your voice heard via our Opinion section, review film and music for Culture, participate in current affairs debates and issues in News, read about the latest sporting achievements in Sport, and tell us about the latest trends for Lifestyle. Whatever your interests, there is a place for you on the 1509. Students are still able to contribute to 1509 if not part of the Monday 8 group.</p>		
Theatre Technical Unit	ARG	5, L6, U6
<p>This year we will again be providing a Technical Theatre (stage lighting, stage management and sound design) strand to the option for those boys who are interested in gaining knowledge and experience in this area. If your son does choose Technical Theatre he will almost certainly be expected to support drama productions which may mean occasional evening and weekend commitments. For organised Field Day trips to see a play, pupils will also be required to pay for their rail fare to London and back.</p>		
Volunteering Group	RJR	5, L6, U6
<p>The Volunteering Group exists to give something back to the local community and promote the RGS Value of Collaboration. We work in three main areas: visiting and entertaining elderly people in residential homes (including playing games, quizzes and running an art class), helping with after-school clubs at primary schools, and serving in local charity shops. Boys are usually placed in pairs and make their way to their placement at 3.20pm on a Monday afternoon – most are no more than 5 minutes' walk away. Boys stay with their placement for the whole year. The key requirements for boys are reliability, trustworthiness and an interest in other people. If you have a particular placement you are interested in, you should contact</p>		

RJR in advance, otherwise RJR will make the allocation. Boys in 5th Form can take part in virtual volunteering online with a residential home but based in School. The art class at Dray Court is also suitable for 5th Formers. All charity shop placements are only suitable for 6th Formers. This activity has particular time commitments: Period 8 – boys should assume that they will be required to attend their placement for one hour; this means that they may be required until 5pm each Monday afternoon, but no later. Field Day – boys would normally attend their placement for a morning or afternoon on field day, rather than the whole day, in recognition of their extended time commitment on Period 8. There is no charge for this option. On Field Day 3, the entire team come together to run a Tea Party for local residential homes.