



Clubs Booklet

Michaelmas 2023

Welcome to the RGS Prep Clubs programme for Michaelmas 2023 Term.

Clubs' Programme

Clubs will run for 10 weeks in the Michaelmas term, commencing Monday 11th September 2023, finishing on Friday 1st December 2023. They do not run in the first or last week of term.

Breakfast and Lates

RGS Prep staff run a breakfast club from 07:30 every day, this is charged at £6.75 per day and should be booked in advance. We have a 'lates' facility for boys who are unable to be collected at the normal pick-up time. In Pre-Prep there is a choice of 'lates' pick up of 15:55 or 16:30. In Prep, 'lates' finishes at 16:45. Breakfast club should be booked via the clubs booking system and 'lates' requests can be marked up by parents in pupil's diary.

After School Care run by Sports4Kids

Boys staying after 'lates' or a late club need to be booked into ASC which is provided by Sports4Kids (S4K). This runs until 18:30. ASC should be booked direct via the [S4K website](#) preferably 24 hours in advance. Full details, including cost, can be found on their website.

Clubs Booking System

Please access clubs via MySchoolPortal under the Co-curricular section. Clubs available to your son will be shown here.

We plan to open the booking system on **Monday 31st July at 09:00** and close again on **Monday 7th August at 09:00**. The booking system will remain open for ad hoc booking of breakfast club throughout the term.

Most clubs are available to all boys in the Year Group; however, some are by invitation only. The club will only appear in your MSP account if the pupil has been invited to attend. If you wish to decline one of these places, please email: rgsp-clubs@rgsg.co.uk with your request.

Clubs are not allocated on a first-come first-served basis; the system will balance clubs to make sure that all boys get some of their choices. Registers will be drawn up after the system closes and we will be in touch to let you know when your son's choices have been confirmed. At this stage, please check your portal to see clubs allocated. Please be aware that requests outside of the booking period may not be possible. To avoid disappointment, please book within the timeframe given.

Clubs run by RGS Prep staff are mostly free; clubs run by our VMTs and external providers incur a fee. Payment for clubs is in arrears, you will be billed on your end of term fees invoice. **In order to manage the billing process effectively, we will not be able to accept any changes to club bookings after the first week, when all clubs booked and confirmed will be billed.** We do keep a record where clubs did not occur due to a coach's non-attendance or there was a major clash with a school function, and your bill is adjusted accordingly. Please note that other clashes (such as illness etc) are not refundable.

Internal Lunchtime Clubs

Once the term gets underway, more internal clubs may start-up at break and lunchtime. This will be organised informally with the boys. They will all be encouraged and given the opportunity to sign up if they wish.

Games Afternoons

Please note that the boys have games on the following days and on these days, there are likely to be fixtures which may run after school. Please bear this in mind when selecting your clubs.

- **Year 3 Thursday**
- **Year 4 Monday**
- **Year 5 Tuesday**
- **Year 6 Wednesday**
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If you have any questions, please contact the Clubs Administrator via email: rgsp-clubs@rgsg.co.uk

SHELL

M23 Kapla (Shell)

Construction using wooden bricks. Come and create some wonderful designs.	
When: Mon: 15:20-15:50	Where: Shell P Classroom (BH G05)
Staff: Mrs Petersen	Cost per term: £0/Term

M23 Playball Club (Shell)

Playball is a foundation phase educational programme, where our age specific curriculum's take your child on the journey towards confident and competent participation across 8 different sports. Our lesson plans are designed by occupational therapists, sports scientists and teachers and place emphasis on developing your child globally - with particular emphasis on their social, emotional, cognitive and physical skills taught in a high intensity and active sporting environment.	
When: Tue: 15:20-15:50	Where: Pre-Prep Playground
Staff: Playball	Cost per term: £70/Term

M23 Lego Club (Shell)

The Lego club is available for anyone in Shell who loves creating, constructing, and collaborating. Whether you build something different each week, or progressively over a few sessions, join us to engineer some amazing designs.	
When: Thu: 12:30-13:00	Where: Shell P Classroom (BH G05)
Staff: Mrs Reukers	Cost per term: £0/Term

M23 Disco Club (Shell)

A fun time to dance to pop tunes with Mr Freeman-Day!

When: Fri: 10:15-10:35

Where: Pre-Prep Hall

Staff: Mr Freeman-Day

Cost per term: £0/Term

Year 1

M23 Chess Club (Year 1 & 2)

The boys are invited to bring along their iPads and we can work with a mixture of online tuition, across the board and training using the display board and Lichess. We will delve into the chess tactics which enables us to gain an advantage over our opponents.

When: Mon: 15:20-15:50

Where: 2H Classroom (BH F03)

Staff: Chess

Cost per term: £43/Term

M23 P2P Multisports Club (Year 1 & 2)

P2P is running their action-packed multi-sport holiday camp in Pre-Prep for after school clubs. The main focus is to encourage boys' focus, leadership qualities, speed, movement and balance. P2P will be mainly running matches, invasion games, relays races, specialised sporting drills, stamina and agility session. This club is aimed at all abilities and created to promote maximum fun and enjoyment. The activities are designed to accommodate the capabilities of pupils and not have a competitive edge.

When: Mon: 15:20-15:50

Where: Pre-Prep Playground

Staff: P2P

Cost per term: £75/Term

M23 Sewing Club (Year 1 & 2)

Come and learn some basic sewing skills. We will work together to create something special.

When: Mon: 15:20-15:50

Where: Shell S Classroom

Staff: Mrs Sweetland & Mrs Irving

Cost per term: £10/Term

M23 Pre-Prep Choir (Year 1 & 2)

Pre-Prep Choir is directed by Mrs Ford & Mr Oliver, sub-organist of Guildford Cathedral. Boys prepare for performances in the Nativity.

When: Tue: 15:20-15:50	Where: Pre-Prep Hall
Staff: Mrs Ford & Mr Oliver	Cost per term: £0/Term

M23 ComputerXplorers Club (Year 1)

This term the children will be coding robots and also creating digital picture books.

When: Wed: 15:20-15:50	Where: Pre-Prep BH-F06
Staff: ComputerXplorers	Cost per term: £54/Term

M23 Construction Club (Year 1 & 2)

Construction club is a time to be imaginative and free! We will use a variety of construction toys and craft materials to build and create each week. We will focus on working together to create models as a team as well as individually.

When: Wed: 15:20-15:50	Where: BH F01 (2C Classroom)
Staff: Miss Creal	Cost per term: £0/Term

M23 Playball Club (Year 1)

Playball is a foundation phase educational programme, where our age specific curriculum's take your child on the journey towards confident and competent participation across 8 different sports. Our lesson plans are designed by occupational therapists, sports scientists and teachers and place emphasis on developing your child globally- with particular emphasis on their social, emotional, cognitive and physical skills taught in a high intensity and active sporting environment.

When: Wed: 15:20-15:50	Where: Pre-Prep Playground
Staff: Playball	Cost per term: £70/Term

M23 S4K Football Club (Year 1 & 2)

Sport4Kids are delighted to offer a football club for RGS Prep's Year 1 & 2 boys. The club will be run by our caring, enthusiastic and qualified coaches on Wednesday afternoons between 3:30 & 4:30. Sport4Kids have a great pedigree within football coaching, catering for all abilities through our whole-child approach to learning. Please note that pick-up is from Pre-Prep.

When: Wed: 15:30-16:30

Where: Prep Sports Hall

Staff: S4K Football

Cost per term: £70/Term

M23 P2P Dodgeball (Year 1 & 2)

Dodgeball has rapidly grown in popularity on P2P's holiday camps and has become one of the most highly participated school team sports in the country. Dodgeball is a fast-pace and enjoyable game that requires minimal experience. P2P has developed many differentiated strategy and tactical activity variations of the traditional dodgeball game involving throwing, dodging, and catching. Our focus is to promote better coordination, movement, balance, spatial awareness, and teamwork.

When: Thu: 15:20-15:50

Where: Pre-Prep Playground

Staff: P2P

Cost per term: £75/Term

M23 Speedy Runners Club (Year 1 & 2)

Our fun and games-based athletics clubs were created by Olympic legend Daley Thompson and former GB pole vaulter and TV Gladiator 'Zodiac', Kate Staples. Speedy Runners is a fast paced, fitness club primarily focused on great running technique whilst not missing out on the other fundamental movements children should be learning. This high energy, fun packed club is designed to get children active in an enjoyable, exciting and totally inclusive environment. The Club will develop the following:
*Running Efficiently *Athletic Development *Speed Endurance *Running Races *Running Drills *Early principles of learning to run properly with good technique *Agility, balance and Coordination.
*Functional Fitness

When: Fri: 15:20-15:50

Where: Pre-Prep Playground

Staff: Speedy Runners

Cost per term: £80/Term

Year 2

M23 Origami Club (Year 2)

<p>Origami is the ancient Japanese art of paper folding. This craft develops accuracy, an eye for detail and the ability to follow written and spoken instructions. Come along and have a go at making a range of 2D and even 3D projects out of paper. There will be a charge of £1 per term to cover the cost of origami paper.</p>	
When: Mon: 12:30-13:00	Where: LH F04
Staff: Mrs Mendoza	Cost per term: £1/Term

M23 Chess Club (Year 1 & 2)

<p>The boys are invited to bring along their iPads and we can work with a mixture of online tuition, across the board and training using the display board and Lichess. We will delve into the chess tactics which enables us to gain an advantage over our opponents.</p>	
When: Mon: 15:20-15:50	Where: 2H Classroom (BH F03)
Staff: Chess	Cost per term: £43/Term

M23 P2P Multisports Club (Year 1 & 2)

<p>P2P is running their action-packed multi-sport holiday camp in Pre-Prep for after school clubs. The main focus is to encourage boys' focus, leadership qualities, speed, movement and balance. P2P will be mainly running matches, invasion games, relays races, specialised sporting drills, stamina and agility session. This club is aimed at all abilities and created to promote maximum fun and enjoyment. The activities are designed to accommodate the capabilities of pupils and not have a competitive edge.</p>	
When: Mon: 15:20-15:50	Where: Pre-Prep Playground
Staff: P2P	Cost per term: £75/Term

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Staff: Mrs Sweetland & Mrs Irving	Cost per term: £10/Term

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When: Tue: 15:20-15:50	Where: Pre-Prep Hall
Staff: Mrs Ford & Mr Oliver	Cost per term: £0/Term

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Staff: Miss Creal	Cost per term: £0/Term

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When: Wed: 15:30-16:30	Where: Prep Sports Hall
Staff: S4K Football	Cost per term: £70/Term

M23 ComputerXplorers Club (Year 2)

This term the children will be coding robots and also creating digital picture books.	
When: Thu: 15:20-15:50	Where: 2H Classroom (BH F03)
Staff: ComputerXplorers	Cost per term: £54/Term

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When: Thu: 15:20-15:50	Where: Pre-Prep Playground
Staff: P2P	Cost per term: £75/Term

M23 Judo Club (Year 2)

Judo is a sport for children of all sizes and abilities, helping to improve fitness, coordination and confidence. Boys will have the opportunity to be graded and take part in competitions, however they are very welcome to take part in lessons just to train, learn some self-defence and socialise. Should the boys wish to grade in the Spring and summer terms they will require British Judo Membership at an annual cost of £10. Pick-up for this club is from the Prep Sports Hall Doors.	
When: Fri: 15:20-15:50	Where: Mezzanine
Staff: Judo	Cost per term: £85/Term

M23 Speedy Runners Club (Year 1 & 2)

Our fun and games-based athletics clubs were created by Olympic legend Daley Thompson and former GB pole vaulter and TV Gladiator 'Zodiac', Kate Staples. Speedy Runners is a fast paced, fitness club primarily focused on great running technique whilst not missing out on the other fundamental movements children should be learning. This high energy, fun packed club is designed to get children active in an enjoyable, exciting and totally inclusive environment. The Club will develop the following:
*Running Efficiently *Athletic Development *Speed Endurance *Running Races *Running Drills *Early principles of learning to run properly with good technique *Agility, balance and Coordination.
*Functional Fitness

When: Fri: 15:20-15:50

Where: Pre-Prep Playground

Staff: Speedy Runners

Cost per term: £80/Term

Year 3

M23 Mindfulness Club (Year 3 & 4)

<p>Mr Walters will be leading a mindfulness club for the boys. Mindfulness is about learning to train your attention on the present moment without dwelling on what has happened in the past or worrying about the future. There are many techniques and activities that achieve this end. It is a great club for the boys that might benefit from this type of contemplative "down time" and that want to learn a useful skill set that they can apply in future.</p>	
When: Mon: 13:05-13:35	Where: LH F13
Staff: Mr Walters	Cost per term: £0/Term

M23 Monday Art Club Drop-In (Years 3-6)

<p>Open to all boys who would like to catch up or drop-in to carry on with artwork.</p>	
When: Mon: 13:05-13:35	Where: Art Room
Staff: Ms Lucas-Haynes	Cost per term: £0/Term

M23 Chess Club (Year 3)

<p>The boys are invited to bring along their ipads and we can work with a mixture of online tuition, across the board and training using the display board and Lichess. We will delve into the chess tactics which enables us to gain an advantage over our opponents.</p>	
When: Mon: 16:05-16:35	Where: Room (MF-04)
Staff: Chess	Cost per term: £43/Term

M23 Tennis Club (Year 3 & 4)

Fun and active tennis session working on all things technical and tactical. Suitable for a range of abilities

When: Mon: 16:05-16:35	Where: Astro
Staff: Tennis	Cost per term: £60/Term

M23 Football Club (Year 3)

Building on the core football skills, boys will take part in football focused sessions and challenges that will build into match practice. Open to all levels.

When: Mon: 16:05-16:45	Where: Sports Field
Staff: Mr Divers	Cost per term: £0/Term

M23 Inspire Chess (Year 3-6)

Come play in a friendly environment and work towards your Guildford Chess Club Certificate of Proficiency. If you learn well and play well, you will be promoted to the Inspire Chess Coaching Club to receive elite coaching and represent us in national and international competitions.

When: Tue: 13:05-13:35	Where: Mrs Fenton's Room (LH F08)
Staff: Mr Fenton	Cost per term: £0/Term

M23 Tuesday Art Club Drop-In (Year 3-6)

Open to all boys who would like to catch up or drop-in to carry on with artwork.

When: Tue: 13:05-13:35	Where: Art Room
Staff: Ms Lucas-Haynes	Cost per term: £0/Term

M23 Judo Club (Year 3)

<p>Judo is a sport for children of all sizes and abilities, helping to improve fitness, coordination and confidence. Boys will have the opportunity to be graded and take part in competitions, however they are very welcome to take part in lessons just to train, learn some self-defence and socialise. Should the boys wish to grade in the Spring and summer terms they will require British Judo Membership at an annual cost of £10.</p>	
When: Tue: 16:05-16:35	Where: Mezzanine
Staff: Judo	Cost per term: £85/Term

M23 P2P Archery Tag, Laser Tag & Nerf Club (Year 3)

<p>P2P will be running the new and exciting sport of archery tag alongside laser tag and nerf. These three fun activities will be run on a carousel. Squad games will feature classic game modes such as: target shooting, capture the flag, lone wolf, rescue the VIP, gauntlet run, team deathmatch, domination, medic revival and more. All archery tag, laser, and nerf equipment are safety approved. P2P kit also consists of inflatables to replicate combat scenarios. Squad games is developed as an enjoyable club. Safety briefings and tactical activities will be run each session. Our focus is to develop hand-eye coordination, leadership, decision-making, movement, balance, spatial awareness and teamwork.</p>	
When: Tue: 16:05-16:35	Where: Sports Hall
Staff: P2P	Cost per term: £75/Term

M23 Fitness Club (Year 3)

<p>Fitness club will put the boys through their paces every week through body circuit training. Boys will need steely determination and an ability to push themselves whilst working in a high intensity environment.</p>	
When: Wed: 07:45-08:15	Where: Sports Hall
Staff: Mr Divers & Mr Dwyer	Cost per term: £0/Term

M23 Multi-Sports Club (Choristers Only)

In this club there will be the opportunity to take part in a range of sports including, dodgeball, table tennis, basketball and ultimate frisbee! This club is by invitation only. Should your son not wish to attend, simply email Mrs Hutchings and you can be removed.	
When: Wed: 10:15-10:35	Where: Sports Hall
Staff: Mr Freeman-Day	Cost per term: £0/Term

M23 Book Club (Year 3 & 4)

Come and relax and enjoy listening to a story - chosen by you and read by Miss Hay - every Wednesday lunchtime.	
When: Wed: 13:05-13:35	Where: LF02
Staff: Miss Hay	Cost per term: £0/Term

M23 Wednesday Art Club Drop-In (Years 3-6)

Open to all boys who would like to catch up or drop-in to carry on with artwork.	
When: Wed: 13:05-13:35	Where: Art Room
Staff: Ms Lucas-Haynes	Cost per term: £0/Term

M23 M:Tech Club (Year 3 & 4)

M:Tech is an extracurricular music technology and creative composition course for children aged 7-13. They teach the fundamentals of music composition theory, with young learners composing soundtracks to fun and engaging multimedia projects like movie trailers and TV adverts. In the Winter 2023 term the children will be working on Project EPIC: Unleash your imagination and compose the soundtrack to an epic adventure! Create breath-taking music to bring incredible landscapes, people and animals to life on the big screen. Get ready to embark on a musical journey like no other with Project EPIC! After completing a term of lessons, learners will have created and completed their own unique piece of music to add to their growing M:Tech portfolio. This is sent home and certificates are awarded to mark their improvement and progress on the M:Tech course. Fees are £200 per term with weekly sessions of 40 minutes.

When: Wed: 16:05-16:45

Where: SH-G01

Staff: M:Tech

Cost per term: £205/Term

M23 ComputerXplorers Club (Year 3 & 4)

Years 3 & 4 – This term the children will be learning animation skills in our stop frame animation course. They will work in teams of two or three to produce animated films. For the second part of the term we will be designing and coding video games using Scratch.

When: Wed: 16:05-16:50

Where: ICT Suite

Staff: ComputerXplorers

Cost per term: £85/Term

M23 Art Scholars Club

This activity will replace Saturday workshops and boys will work on a variety of projects during these sessions. Time spent working at home will also be required. All members will be issued with a folder to store their work to bring into school, and home again, each week.

When: Wed: 16:05-17:30

Where: Art Room

Staff: Ms Lucas-Haynes

Cost per term: £0/Term

M23 Freestyle Futsal Club (Year 3)

How learning the art of playing futsal will make you a highly skilled footballer. In South America and parts of Europe children play futsal up to the age of 12 or 13 before starting football. The likes of Messi, Neymar and Ronaldinho became Icons of today through learning futsal. How futsal training develops your football techniques: Ball touches: Compared to football in futsal player's touch the ball 210 more often. Ball control: With limited space and constant pressure players enhance their 1st touch and ability to protect the ball. Speed of play: With increased ball touches and good ball control players learn to think and play faster. Creativity: Given the limited time and space player's must be creative in finding solutions and ways to escape pressure, using fakes and feints. Continuity: Action is continuous, so players have to maintain focus as the ball is hardly ever out of play. Knowledge: With all player's moving in non-stop action mode, player's understanding of the game is enhanced. Improved finishing: The small size of the pitch results in more attacking moments and opportunities to shoot on goal. Work ethic: You are constantly involved when playing futsal you are always on the move and have to work super hard to create chances on goal. Fun: All players enjoy the challenge of playing a fast paced, high energy and skill orientated game.

When: Wed: 16:10-16:40

Where: Astro

Staff: Futsal

Cost per term: £80/Term

M23 Athletic Development Club (Year 3 & 4)

Whether they want to play representative sports, with friends at their club or simply be fit and active, we will be there to support their development through Athletic Development. Lions Athletic Development provides an insight into a child's physical and biological development. Through our Foundation Strength, a professionally structured resistance training programme and Speed Academy, a specific speed and agility programme, we can provide individualised support specific to your child.

When: Wed: 16:30-17:25

Where: Sports Hall

Staff: Athletic Development

Cost per term: £65/Term

M23 Inspire Elite Development Chess (Years 3-6)

Inspire Elite Development Chess with Mr Povah. Selected boys only. This club carries a £35 fee for the term.

When: Thu: 13:05-13:35

Where: Mrs Fenton's Room (LH F08)

Staff: Elite Chess

Cost per term: £35/Term

M23 Origami (Year 3 & 4)

Origami is the ancient Japanese art of paper folding. This craft develops accuracy, an eye for detail and the ability to follow written and spoken instructions. Come along and have a go at making a range of 2D and even 3D projects out of paper. There will be a charge of £1 per term to cover the cost of origami paper.

When: Thu: 13:05-13:35

Where: SH-G01

Staff: Mrs Mendoza

Cost per term: £1/Term

M23 P2P Dodgeball Club (Year 3 & 4)

Dodgeball has rapidly grown in popularity on P2P's holiday camps and has become one of the most highly participated school team sports in the country. Dodgeball is a fast-pace and enjoyable game that requires minimal experience. P2P has developed many differentiated strategy and tactical activity variations of the traditional dodgeball game involving throwing, dodging, and catching. Our focus is to promote better coordination, movement, balance, spatial awareness, and teamwork.

When: Thu: 16:05-16:35

Where: Sports Hall

Staff: P2P

Cost per term: £75/Term

M23 Quiz Club (Years 3-6)

If you love General Knowledge, Quiz Club is for you! Every week we will be in teams, answering questions on a variety of subjects. It's fun! It's fast!...and you learn so much in 30 minutes!

When: Fri: 13:05-13:35

Where: LH G06

Staff: Mr Moore

Cost per term: £0/Term

M23 Gardening Club (Year 3 & 5)

Before half term

<p>Prep Gardening Club provides the opportunity for boys to spend some calm, relaxed time undertaking a range of seasonal gardening activities. In the Michaelmas Term we will be harvesting vegetables, collecting and planting seeds, planting winter crops and spring bulbs as well as maintaining and adding to our bug hotels and compost store. This session is for Year 3 and 5 only and will run until half term. There is a £10 charge for this club.</p>	
When: Fri: 13:05-13:35	Where: Garden
Staff: Mrs Millar & Miss Hough	Cost per term: £10/Half Term

M23 Junior Choir (Year 3 & 4)

<p>Open to all Year 3 & 4 boys wishing to sing in the choir. Boys will prepare pieces for the Harvest Festival and Carol Service.</p>	
When: Fri: 13:05-13:35	Where: LPS
Staff: Mrs Ford	Cost per term: £0/Term

M23 Core Football Club (Year 3)

<p>Our After School Football Club focuses on enjoyment and development for children of all abilities with our fully qualified coaching staff. Whether looking to try football for the first time, or a more experienced player we will be working on different aspects of the game each week through drills, games and practice matches.</p>	
When: Fri: 16:05-16:35	Where: Astro
Staff: Core Football	Cost per term: £65/Term

M23 Speedy Runners Club (Year 3 & 4)

Our fun and games-based athletics clubs were created by Olympic legend Daley Thompson and former GB pole vaulter and TV Gladiator 'Zodiac', Kate Staples. Speedy Runners is a fast paced, fitness club primarily focused on great running technique whilst not missing out on the other fundamental movements children should be learning. This high energy, fun packed club is designed to get children active in an enjoyable, exciting and totally inclusive environment. The Club will develop the following:
*Running Efficiently *Athletic Development *Speed Endurance *Running Races *Running Drills *Early principles of learning to run properly with good technique *Agility, balance and Coordination.
*Functional Fitness

When: Fri: 16:05-16:35

Where: Sports Hall

Staff: Speedy Runners

Cost per term: £80/Term

Year 4

M23 Mindfulness Club (Year 3 & 4)

<p>Mr Walters will be leading a mindfulness club for the boys. Mindfulness is about learning to train your attention on the present moment without dwelling on what has happened in the past or worrying about the future. There are many techniques and activities that achieve this end. It is a great club for the boys that might benefit from this type of contemplative "down time" and that want to learn a useful skill set that they can apply in future.</p>	
When: Mon: 13:05-13:35	Where: LH F13
Staff: Mr Walters	Cost per term: £0/Term

M23 Monday Art Club Drop-In (Years 3-6)

<p>Open to all boys who would like to catch up or drop-in to carry on with artwork.</p>	
When: Mon: 13:05-13:35	Where: Art Room
Staff: Ms Lucas-Haynes	Cost per term: £0/Term

M23 Tennis Club (Year 3 & 4)

<p>Fun and active tennis session working on all things technical and tactical. Suitable for a range of abilities</p>	
When: Mon: 16:05-16:35	Where: Astro
Staff: Tennis	Cost per term: £60/Term

M23 Football Club (Year 4)

Building on the core football skills, boys will take part in football focused sessions and challenges that will build into match practice. Open to all levels.

When: Mon: 16:05-16:45	Where: Sports Field
Staff: Mr Divers	Cost per term: £0/Term

M23 Fitness Club (Year 4)

Fitness club will put the boys through their paces every week through body circuit training. Boys will need steely determination and an ability to push themselves whilst working in a high intensity environment.

When: Tue: 07:45-08:15	Where: Sports Hall
Staff: Mr Divers	Cost per term: £0/Term

M23 Inspire Chess (Years 3-6)

Come play in a friendly environment and work towards your Guildford Chess Club Certificate of Proficiency. If you learn well and play well, you will be promoted to the Inspire Chess Coaching Club to receive elite coaching and represent us in national and international competitions.

When: Tue: 13:05-13:35	Where: Mrs Fenton's Room (LH F08)
Staff: Mr Fenton	Cost per term: £0/Term

M23 Coding & Catch-Up (Years 4-6) Drop-In

This is an informal drop in session where boys can continue work on their computing projects, or catch up on anything else from other lessons they may need. Any boys who want to come and do some other coding activities to further their skills can also come along to work on a range of different projects away from the curriculum.

When: Tue: 13:05-13:35	Where: ICT Suite
Staff: Mr Williams	Cost per term: £0/Term

M23 Tuesday Art Club Drop-In (Years 3-6)

Open to all boys who would like to catch up or drop-in to carry on with artwork.	
When: Tue: 13:05-13:35	Where: Art Room
Staff: Ms Lucas-Haynes	Cost per term: £0/Term

M23 Judo Club (Year 4)

Judo is a sport for children of all sizes and abilities, helping to improve fitness, coordination and confidence. Boys will have the opportunity to be graded and take part in competitions, however they are very welcome to take part in lessons just to train, learn some self-defence and socialise. Should the boys wish to grade in the Spring and summer terms they will require British Judo Membership at an annual cost of £10.	
When: Tue: 16:45-17:15	Where: Mezzanine
Staff: Judo	Cost per term: £85/Term

M23 P2P Archery Tag, Laser Tag & Nerf Club (Year 4)

P2P will be running the new and exciting sport of archery tag alongside laser tag and nerf. These three fun activities will be run on a carousel. Squad games will feature classic game modes such as: target shooting, capture the flag, lone wolf, rescue the VIP, gauntlet run, team deathmatch, domination, medic revival and more. All archery tag, laser, and nerf equipment are safety approved. P2P kit also consists of inflatables to replicate combat scenarios. Squad games is developed as an enjoyable club. Safety briefings and tactical activities will be run each session. Our focus is to develop hand-eye coordination, leadership, decision-making, movement, balance, spatial awareness and teamwork.	
When: Tue: 16:45-17:15	Where: Sports Hall
Staff: P2P	Cost per term: £75/Term

M23 String Ensemble (Year 4, 5 & 6)

Open to all (bowed) string players in Year 4, 5 & 6 that are ready to play in an ensemble. We shall be working towards performances in the Christmas Tree Concert.

When: Wed: 07:50-08:25

Where: Mezzanine

Staff: Miss Hill

Cost per term: £40/Term

M23 Multi-Sports Club (Choristers Only)

In this club there will be the opportunity to take part in a range of sports including, dodgeball, table tennis, basketball and ultimate frisbee! This club is by invitation only. Should your son not wish to attend, simply email Mrs Hutchings and you can be removed.

When: Wed: 10:15-10:35

Where: Sports Hall

Staff: Mr Freeman-Day

Cost per term: £0/Term

M23 Book Club (Year 3 & 4)

Come and relax and enjoy listening to a story - chosen by you and read by Miss Hay - every Wednesday lunchtime.

When: Wed: 13:05-13:35

Where: LF02

Staff: Miss Hay

Cost per term: £0/Term

M23 Wednesday Art Club Drop-In (Years 3-6)

Open to all boys who would like to catch up or drop-in to carry on with artwork.

When: Wed: 13:05-13:35

Where: Art Room

Staff: Ms Lucas-Haynes

Cost per term: £0/Term

M23 M:Tech Club (Year 3 & 4)

M:Tech is an extracurricular music technology and creative composition course for children aged 7-13. They teach the fundamentals of music composition theory, with young learners composing soundtracks to fun and engaging multimedia projects like movie trailers and TV adverts. In the Winter 2023 term the children will be working on Project EPIC: Unleash your imagination and compose the soundtrack to an epic adventure! Create breath-taking music to bring incredible landscapes, people and animals to life on the big screen. Get ready to embark on a musical journey like no other with Project EPIC! After completing a term of lessons, learners will have created and completed their own unique piece of music to add to their growing M:Tech portfolio. This is sent home and certificates are awarded to mark their improvement and progress on the M:Tech course. Fees are £200 per term with weekly sessions of 40 minutes.

When: Wed: 16:05-16:45

Where: SH-G01

Staff: M:Tech

Cost per term: £205/Term

M23 ComputerXplorers Club (Year 3 & 4)

Years 3 & 4 – This term the children will be learning animation skills in our stop frame animation course. They will work in teams of two or three to produce animated films. For the second part of the term we will be designing and coding video games using Scratch.

When: Wed: 16:05-16:50

Where: ICT Suite

Staff: ComputerXplorers

Cost per term: £85/Term

M23 Art Scholars Club

This activity will replace Saturday workshops and boys will work on a variety of projects during these sessions. Time spent working at home will also be required. All members will be issued with a folder to store their work to bring into school, and home again, each week.

When: Wed: 16:05-17:30

Where: Art Room

Staff: Ms Lucas-Haynes

Cost per term: £0/Term

M23 Athletic Development Club (Year 3 & 4)

Whether they want to play representative sports, with friends at their club or simply be fit and active, we will be there to support their development through Athletic Development. Lions Athletic Development provides an insight into a child's physical and biological development. Through our Foundation Strength, a professionally structured resistance training programme and Speed Academy, a specific speed and agility programme, we can provide individualised support specific to your child.

When: Wed: 16:30-17:25

Where: Sports Hall

Staff: Athletic Development

Cost per term: £65/Term

M23 Inspire Elite Development Chess (Years 3-6)

Inspire Elite Development Chess with Mr Povah. Selected boys only. This club carries a £35 fee for the term.

When: Thu: 13:05-13:35

Where: Mrs Fenton's Room (LH F08)

Staff: Elite Chess

Cost per term: £35/Term

M23 Chorister Theory (Year 4, 5 & 6)

Compulsory for Year 4, 5 and 6 Guildford Cathedral Choristers. Run by the music staff of Guildford Cathedral.

When: Thu: 13:05-13:35

Where: Music Room

Staff: Mrs Dienes-Williams

Cost per term: £0/Term

M23 Origami (Year 3 & 4)

Origami is the ancient Japanese art of paper folding. This craft develops accuracy, an eye for detail and the ability to follow written and spoken instructions. Come along and have a go at making a range of 2D and even 3D projects out of paper. There will be a charge of £1 per term to cover the cost of origami paper.

When: Thu: 13:05-13:35

Where: SH-G01

Staff: Mrs Mendoza

Cost per term: £1/Term

M23 STEM Club (Year 4)

This club will encourage the boys to use science, technology, engineering and maths to solve problems and find out more about the world and how it works. It is a practical session and should be lots of fun.

When: Thu: 13:05-13:35

Where: Science Lab

Staff: Mrs Dyason

Cost per term: £0/Term

M23 P2P Dodgeball Club (Year 3 & 4)

Dodgeball has rapidly grown in popularity on P2P's holiday camps and has become one of the most highly participated school team sports in the country. Dodgeball is a fast-pace and enjoyable game that requires minimal experience. P2P has developed many differentiated strategy and tactical activity variations of the traditional dodgeball game involving throwing, dodging, and catching. Our focus is to promote better coordination, movement, balance, spatial awareness, and teamwork.

When: Thu: 16:05-16:35

Where: Sports Hall

Staff: P2P

Cost per term: £75/Term

M23 Freestyle Futsal Club (Year 4)

How learning the art of playing futsal will make you a highly skilled footballer. In South America and parts of Europe children play futsal up to the age of 12 or 13 before starting football. The likes of Messi, Neymar and Ronaldinho became Icons of today through learning futsal. How futsal training develops your football techniques: Ball touches: Compared to football in futsal player's touch the ball 210 more often. Ball control: With limited space and constant pressure players enhance their 1st touch and ability to protect the ball. Speed of play: With increased ball touches and good ball control players learn to think and play faster. Creativity: Given the limited time and space player's must be creative in finding solutions and ways to escape pressure, using fakes and feints. Continuity: Action is continuous, so players have to maintain focus as the ball is hardly ever out of play. Knowledge: With all player's moving in non-stop action mode, player's understanding of the game is enhanced. Improved finishing: The small size of the pitch results in more attacking moments and opportunities to shoot on goal. Work ethic: You are constantly involved when playing futsal you are always on the move and have to work super hard to create chances on goal. Fun: All players enjoy the challenge of playing a fast paced, high energy and skill orientated game.

When: Thu: 16:10-16:40

Where: Astro

Staff: Futsal

Cost per term: £80/Term

M23 Brass Ensemble (Year 4)

Year 4 brass players (by invitation). Boys will prepare pieces for the Christmas Tree Concert.

When: Fri: 08:00-08:30

Where: Music Room

Staff: Mr Kearsy

Cost per term: £40/Term

M23 Quiz Club (Years 3-6)

If you love General Knowledge, Quiz Club is for you! Every week we will be in teams, answering questions on a variety of subjects. It's fun! It's fast!...and you learn so much in 30 minutes!

When: Fri: 13:05-13:35

Where: LH G06

Staff: Mr Moore

Cost per term: £0/Term

M23 Gardening Club (Year 4 & 6) After half term

<p>Prep Gardening Club provides the opportunity for boys to spend some calm, relaxed time undertaking a range of seasonal gardening activities. In the Michaelmas Term we will be collecting and planting seeds, planting winter crops and spring bulbs, maintaining and adding to our bug hotels and compost store, as well as making plant-based seasonal decorations. This session is for Year 4 and 6 only and will run from after half term. There is a £10 charge for this club.</p>	
When: Fri: 13:05-13:35	Where: Garden
Staff: Mrs Millar & Miss Hough	Cost per term: £10/Half Term

M23 Junior Choir (Year 3 & 4)

<p>Open to all Year 3 & 4 boys wishing to sing in the choir. Boys will prepare pieces for the Harvest Festival and Carol Service.</p>	
When: Fri: 13:05-13:35	Where: LPS
Staff: Mrs Ford	Cost per term: £0/Term

M23 Music Theory Grades 1 & 2 (Years 4-6)

<p>Boys wishing to begin studying music theory, will be taken through Grade 1 syllabus and then on to Grade 2. Parents will be advised when a boy is ready to take his exam, and can enter them online. (Cathedral choristers and probationers should not sign up for this club as their theory lessons are taught separately by Cathedral staff.)</p>	
When: Fri: 13:05-13:35	Where: MH-F04
Staff: Mr Kearsey	Cost per term: £40/Term

M23 Speedy Runners Club (Year 3 & 4)

Our fun and games-based athletics clubs were created by Olympic legend Daley Thompson and former GB pole vaulter and TV Gladiator 'Zodiac', Kate Staples. Speedy Runners is a fast paced, fitness club primarily focused on great running technique whilst not missing out on the other fundamental movements children should be learning. This high energy, fun packed club is designed to get children active in an enjoyable, exciting and totally inclusive environment. The Club will develop the following:
*Running Efficiently *Athletic Development *Speed Endurance *Running Races *Running Drills *Early principles of learning to run properly with good technique *Agility, balance and Coordination.
*Functional Fitness

When: Fri: 16:05-16:35

Where: Sports Hall

Staff: Speedy Runners

Cost per term: £80/Term

M23 Core Football Club (Year 4)

Our After School Football Club focuses on enjoyment and development for children of all abilities with our fully qualified coaching staff. Whether looking to try football for the first time, or a more experienced player we will be working on different aspects of the game each week through drills, games and practice matches.

When: Fri: 16:45-17:15

Where: Astro

Staff: Core Football

Cost per term: £65/Term

Year 5

M23 Fitness Club (Year 5)

Fitness club will put the boys through their paces every week through body circuit training. Boys will need steely determination and an ability to push themselves whilst working in a high intensity environment.	
When: Mon: 07:45-08:15	Where: Sports Hall
Staff: Mr Divers & Mr Dwyer	Cost per term: £0/Term

M23 Guitar Ensemble (Year 5 & 6)

Year 5 and Year 6 (by invitation) ready to join an ensemble. We will be preparing pieces for the Christmas Tree Concert.	
When: Mon: 08:00-08:30	Where: Ensemble Room
Staff: Mr Jarrett	Cost per term: £40/Term

M23 Saxophone Quartet (Year 5 & 6)

A small ensemble group (by invitation) to develop ensemble skills. We will be preparing pieces for the Christmas Tree Concert.	
When: Mon: 13:05-13:35	Where: MH F04
Staff: Mrs Chalmers	Cost per term: £40/Term

M23 Senior Choir (Year 5 & 6)

Open to all Year 5 and Year 6 boys who would like to sing in the choir. We will be preparing items Carol Service.	
When: Mon: 13:05-13:35	Where: LPS
Staff: Mrs Ford	Cost per term: £0/Term

M23 Monday Art Club Drop-In (Years 3-6)

Open to all boys who would like to catch up or drop-in to carry on with artwork.	
When: Mon: 13:05-13:35	Where: Art Room
Staff: Ms Lucas-Haynes	Cost per term: £0/Term

M23 Senior Orchestra (Year 5 & 6)

Open to all Year 5 and 6 boys (by invitation or in consultation with Mrs Ford) who are ready to play in a large orchestra. Sessions will be run both in sectionals and as a full orchestra. Boys should bring a snack to eat in the break. Boys will be preparing pieces for the Christmas Tree Concert.	
When: Mon: 16:05-17:25	Where: LPS
Staff: Mrs Ford	Cost per term: £0/Term

M23 Inspire Chess (Years 3-6)

Come play in a friendly environment and work towards your Guildford Chess Club Certificate of Proficiency. If you learn well and play well, you will be promoted to the Inspire Chess Coaching Club to receive elite coaching and represent us in national and international competitions.	
When: Tue: 13:05-13:35	Where: Mrs Fenton's Room (LH F08)
Staff: Mr Fenton	Cost per term: £0/Term

M23 Coding & Catch-Up (Years 4-6) Drop-In

This is an informal drop in session where boys can continue work on their computing projects, or catch up on anything else from other lessons they may need. Any boys who want to come and do some other coding activities to further their skills can also come along to work on a range of different projects away from the curriculum.

When: Tue: 13:05-13:35

Where: ICT Suite

Staff: Mr Williams

Cost per term: £0/Term

M23 Brass Ensemble (Year 5 & 6)

For Year 5 & 6 brass players. Boys will prepare pieces for the Christmas Tree Concert and Carol Service. Invitation only.

When: Tue: 13:05-13:35

Where: MH F04

Staff: Mr Price

Cost per term: £40/Term

M23 Tuesday Art Club Drop-In (Years 3-6)

Open to all boys who would like to catch up or drop-in to carry on with artwork.

When: Tue: 13:05-13:35

Where: Art Room

Staff: Ms Lucas-Haynes

Cost per term: £0/Term

M23 Inspire Business Club (Year 5)

Business club is for budding young entrepreneurs to gain advice and support in building their own business. Throughout the year, you will design and create a product that you can apply to sell at the Childrens' Business Fair, create a website where friends and family can pre-order your product, and even play in a stocks and shares simulation to learn how best to invest your profit. This club is invitational and at an (optional) annual cost to parents of £30 per fair per year to a max of 3 fairs.

When: Tue: 16:05-16:45

Where: LG08 (5C Form Room)

Staff: Miss Codd

Cost per term: £0/Term

M23 Football Club (Year 5)

Building on the core football skills, boys will take part in football focussed sessions and challenges that will build into match practice. Open to all levels.

When: Tue: 16:05-16:45	Where: Sports Field
Staff: Mr Divers	Cost per term: £0/Term

M23 String Ensemble (Year 4, 5 & 6)

Open to all (bowed) string players in Year 4, 5 & 6 that are ready to play in an ensemble. We shall be working towards performances in the Christmas Tree Concert.

When: Wed: 07:50-08:25	Where: Mezzanine
Staff: Miss Hill	Cost per term: £40/Term

M23 Wind Ensemble (Year 5 & 6)

For Grade 1+ woodwind players (by invitation) who are ready to play in an ensemble. We shall be preparing pieces for the Christmas Tree Concert.

When: Wed: 08:00-08:30	Where: Ensemble Room
Staff: Ms Dubery	Cost per term: £40/Term

M23 Multi-Sports Club (Choristers Only)

In this club there will be the opportunity to take part in a range of sports including, dodgeball, table tennis, basketball and ultimate frisbee! This club is by invitation only. Should your son not wish to attend, simply email Mrs Hutchings and you can be removed.

When: Wed: 10:15-10:35	Where: Sports Hall
Staff: Mr Freeman-Day	Cost per term: £0/Term

M23 Table Tennis Club (Year 5 & 6)

Table Tennis club run by Mr Jones. This club is free of charge for this term.

When: Wed: 13:05-13:35	Where: Mezzanine
Staff: Mr Jones	Cost per term: £0/Term

M23 Wednesday Art Club Drop-In (Years 3-6)

Open to all boys who would like to catch up or drop-in to carry on with artwork.

When: Wed: 13:05-13:35	Where: Art Room
Staff: Ms Lucas-Haynes	Cost per term: £0/Term

M23 Warhammer (Year 5 & 6)

Originally releasing in 1983, Warhammer, and consequently Warhammer: 40k, has become one of the most popular table-top games in the world. At Warhammer club, the boys will be able to use the DT workshop to play with their miniatures, design and create new miniatures, and collaborate with each other discussing tactics, painting techniques, or the vast lore that accompanies both the Warhammer and Warhammer: 40k universes. Please note that all materials required will need to be brought to school by the boys. However, the boys can use the tools in the DT Workshop. The boys will remain responsible for the safety of their models and should only bring in models that are easy to transport, are going to be used for battle, or are going to be created.

When: Wed: 16:05-17:25	Where: DT Workshop
Staff: Mr Mills	Cost per term: £0/Term

M23 Art Scholars Club

This activity will replace Saturday workshops and boys will work on a variety of projects during these sessions. Time spent working at home will also be required. All members will be issued with a folder to store their work to bring into school, and home again, each week.

When: Wed: 16:05-17:30

Where: Art Room

Staff: Ms Lucas-Haynes

Cost per term: £0/Term

M23 Freestyle Futsal Club (Year 5)

How learning the art of playing futsal will make you a highly skilled footballer. In South America and parts of Europe children play futsal up to the age of 12 or 13 before starting football. The likes of Messi, Neymar and Ronaldinho became Icons of today through learning futsal. How futsal training develops your football techniques: Ball touches: Compared to football in futsal player's touch the ball 210 more often. Ball control: With limited space and constant pressure players enhance their 1st touch and ability to protect the ball. Speed of play: With increased ball touches and good ball control players learn to think and play faster. Creativity: Given the limited time and space player's must be creative in finding solutions and ways to escape pressure, using fakes and feints. Continuity: Action is continuous, so players have to maintain focus as the ball is hardly ever out of play. Knowledge: With all player's moving in non-stop action mode, player's understanding of the game is enhanced. Improved finishing: The small size of the pitch results in more attacking moments and opportunities to shoot on goal. Work ethic: You are constantly involved when playing futsal you are always on the move and have to work super hard to create chances on goal. Fun: All players enjoy the challenge of playing a fast paced, high energy and skill orientated game.

When: Wed: 16:45-17:15

Where: Astro

Staff: Futsal

Cost per term: £80/Term

M23 Inspire Elite Development Chess (Years 3-6)

Inspire Elite Development Chess with Mr Povah. Selected boys only. This club carries a £35 fee for the term.

When: Thu: 13:05-13:35

Where: Mrs Fenton's Room (LH F08)

Staff: Elite Chess

Cost per term: £35/Term

M23 Chorister Theory (Year 4, 5 & 6)

Compulsory for Year 4, 5 and 6 Guildford Cathedral Choristers. Run by the music staff of Guildford Cathedral.

When: Thu: 13:05-13:35	Where: Music Room
Staff: Mrs Dienes-Williams	Cost per term: £0/Term

M23 Mindfulness Club (Year 5 & 6)

Mr Walters will be leading a mindfulness club for the boys. Mindfulness is about learning to train your attention on the present moment without dwelling on what has happened in the past or worrying about the future. There are many techniques and activities that achieve this end. It is a great club for the boys that might benefit from this type of contemplative "down time" and that want to learn a useful skill set that they can apply in future.

When: Thu: 13:05-13:35	Where: LHF05
Staff: Mr Walters	Cost per term: £0/Term

M23 Biathlon, Triathlon & Cross Country (Year 5 & 6)

With the school starting to enter Triathlon/Biathlon and Duathlon events, this is a perfect time refine your cardiovascular endurance and transitions. As well as the health benefits, you will also learn key skills to stay safe on a bicycle. For this club, a bike and helmet is required and to be brought in either on a weekly basis or left at school for a half term. Boys should bring their bikes through the Cranley Road entrance themselves.

When: Thu: 13:05-13:35	Where: Sports Field
Staff: Mr Dwyer	Cost per term: £0/Term

M23 LAMDA Club (Year 5 & 6)

For those boys in Year 5 to get a taste of LAMDA and continue into the Lent 2023 if they wish, and Year 6 boys not having experienced LAMDA previously, to learn some new skills before their senior schools. Speech and Drama with LAMDA (The London Academy of Music and Dramatic Arts) is an exciting extra-curricular activity to help build confidence, performance and presentation skills. Lessons are taught in small groups, through a number of drama activities, including word games, poetry, improvisation and acting. Pupils are encouraged to explore different disciplines, allowing them to identify their strengths and interests, while working towards graded exams that progress through the year groups. Many of the local senior schools offer LAMDA, including RGS senior, so your son will be able to have a great head start, while gaining communication and performance skills which are transferable to many other aspects of their school lives.

When: Thu: 16:05-16:45

Where: Mezzanine

Staff: LAMDA

Cost per term: £115/Term

M23 M:Tech Club (Year 5 & 6)

M:Tech is an extracurricular music technology and creative composition course for children aged 7-13. They teach the fundamentals of music composition theory, with young learners composing soundtracks to fun and engaging multimedia projects like movie trailers and TV adverts. In the Winter 2023 term the children will be working on Project EPIC: Unleash your imagination and compose the soundtrack to an epic adventure! Create breath-taking music to bring incredible landscapes, people and animals to life on the big screen. Get ready to embark on a musical journey like no other with Project EPIC! After completing a term of lessons, learners will have created and completed their own unique piece of music to add to their growing M:Tech portfolio. This is sent home and certificates are awarded to mark their improvement and progress on the M:Tech course. Fees are £200 per term with weekly sessions of 40 minutes.

When: Thu: 16:05-16:45

Where: ICT Suite

Staff: M:Tech

Cost per term: £205/Term

M23 Computerxplorers Club (Year 5 & 6)

This term the children will be working on electronics projects using a modular electronics kit. Each lesson they will work in groups of two or three to build and test electronics experiments. In addition to this activity we will also run sessions in the second half term on Microsoft Makecode learning how to program video games and then transferring them onto handheld devices to play.

When: Thu: 16:05-16:55

Where: Library

Staff: ComputerXplorers

Cost per term: £85/Term

M23 P2P Dodgeball Club (Year 5 & 6)

Dodgeball has rapidly grown in popularity on P2P's holiday camps and has become one of the most highly participated school team sports in the country. Dodgeball is a fast-pace and enjoyable game that requires minimal experience. P2P has developed many differentiated strategy and tactical activity variations of the traditional dodgeball game involving throwing, dodging, and catching. Our focus is to promote better coordination, movement, balance, spatial awareness, and teamwork.

When: Thu: 16:45-17:15

Where: Sports Hall

Staff: P2P

Cost per term: £75/Term

M23 Quiz Club (Years 3-6)

If you love General Knowledge, Quiz Club is for you! Every week we will be in teams, answering questions on a variety of subjects. It's fun! It's fast!...and you learn so much in 30 minutes!

When: Fri: 13:05-13:35

Where: LH G06

Staff: Mr Moore

Cost per term: £0/Term

M23 Gardening Club (Year 3 & 5) Before half term

Prep Gardening Club provides the opportunity for boys to spend some calm, relaxed time undertaking a range of seasonal gardening activities. In the Michaelmas Term we will be harvesting vegetables, collecting and planting seeds, planting winter crops and spring bulbs as well as maintaining and adding to our bug hotels and compost store. This session is for Year 3 and 5 only and will run until half term. There is a £10 charge for this club.

When: Fri: 13:05-13:35

Where: Garden

Staff: Mrs Millar & Miss Hough

Cost per term: £10/Half Term

M23 Rock Band (Year 5)

Year 5 Rock Band is open to Year 5 boys who would like to play in a band. Boys will prepare items for the Christmas Tree Concert.	
When: Fri: 13:05-13:35	Where: Ensemble Room
Staff: Mr Ng	Cost per term: £40/Term

M23 Music Theory Grades 1 & 2 (Year 4-6)

Boys wishing to begin studying music theory, will be taken through Grade 1 syllabus and then on to Grade 2. Parents will be advised when a boy is ready to take his exam, and can enter them online. (Cathedral choristers and probationers should not sign up for this club as their theory lessons are taught separately by Cathedral staff.)	
When: Fri: 13:05-13:35	Where: MH-F04
Staff: Mr Kearsey	Cost per term: £40/Term

M23 Judo Club (Year 5)

Judo is a sport for children of all sizes and abilities, helping to improve fitness, coordination and confidence. Boys will have the opportunity to be graded and take part in competitions, however they are very welcome to take part in lessons just to train, learn some self-defence and socialise. Should the boys wish to grade in the Spring and summer terms they will require British Judo Membership at an annual cost of £10.	
When: Fri: 16:05-16:35	Where: Mezzanine
Staff: Judo	Cost per term: £85/Term

Year 6

M23 Guitar Ensemble (Year 5 & 6)

Year 5 and Year 6 (by invitation) ready to join an ensemble. We will be preparing pieces for the Christmas Tree Concert.	
When: Mon: 08:00-08:30	Where: Ensemble Room
Staff: Mr Jarrett	Cost per term: £40/Term

M23 Saxophone Quartet (Year 5 & 6)

A small ensemble group (by invitation) to develop ensemble skills. We will be preparing pieces for the Christmas Tree Concert.	
When: Mon: 13:05-13:35	Where: MH F04
Staff: Mrs Chalmers	Cost per term: £40/Term

M23 Senior Choir (Year 5 & 6)

Open to all Year 5 and Year 6 boys who would like to sing in the choir. We will be preparing items Carol Service.	
When: Mon: 13:05-13:35	Where: LPS
Staff: Mrs Ford	Cost per term: £0/Term

M23 Monday Art Club Drop-In (Years 3-6)

Open to all boys who would like to catch up or drop-in to carry on with artwork.	
When: Mon: 13:05-13:35	Where: Art Room
Staff: Ms Lucas-Haynes	Cost per term: £0/Term

M23 Senior Orchestra (Year 5 & 6)

Open to all Year 5 and 6 boys (by invitation or in consultation with Mrs Ford) who are ready to play in a large orchestra. Sessions will be run both in sectionals and as a full orchestra. Boys should bring a snack to eat in the break. Boys will be preparing pieces for the Christmas Tree Concert.	
When: Mon: 16:05-17:25	Where: LPS
Staff: Mrs Ford	Cost per term: £0/Term

M23 Maestros (Year 6)

The Maestros scheme is a (by invitation) extension group for our most able musicians in Year 6 . This term boys attending will aim to develop their ensemble skills for Assemblies, the Christmas Tree Concert and Carol Service.	
When: Tue: 07:50-08:25	Where: LPS
Staff: Mrs Ford	Cost per term: £0/Term

M23 Inspire Chess (Years 3-6)

Come play in a friendly environment and work towards your Guildford Chess Club Certificate of Proficiency. If you learn well and play well, you will be promoted to the Inspire Chess Coaching Club to receive elite coaching and represent us in national and international competitions.	
When: Tue: 13:05-13:35	Where: Mrs Fenton's Room (LH F08)
Staff: Mr Fenton	Cost per term: £0/Term

M23 Coding & Catch-Up (Years 4-6) Drop-In

This is an informal drop in session where boys can continue work on their computing projects, or catch up on anything else from other lessons they may need. Any boys who want to come and do some other coding activities to further their skills can also come along to work on a range of different projects away from the curriculum.

When: Tue: 13:05-13:35

Where: ICT Suite

Staff: Mr Williams

Cost per term: £0/Term

M23 Maths Drop-In Club (Year 6)

Come along to practise the core topics in preparation for the 11+ examinations. This is a drop-in session, no need to book, just come along!

When: Tue: 13:05-13:35

Where: LHF12

Staff: Mrs Hemley

Cost per term: £0/Term

M23 Brass Ensemble (Year 5 & 6)

For Year 5 & 6 brass players. Boys will prepare pieces for the Christmas Tree Concert and Carol Service. Invitation only.

When: Tue: 13:05-13:35

Where: MH F04

Staff: Mr Price

Cost per term: £40/Term

M23 Tuesday Art Club Drop-In (Years 3-6)

Open to all boys who would like to catch up or drop-in to carry on with artwork.

When: Tue: 13:05-13:35

Where: Art Room

Staff: Ms Lucas-Haynes

Cost per term: £0/Term

M23 Football Club (Year 6)

Building on the core football skills, boys will take part in football focused sessions and challenges that will build into match practice. Open to all levels.

When: Tue: 16:05-16:45

Where: Sports Field

Staff: Mr Divers

Cost per term: £0/Term

M23 String Ensemble (Year 4, 5 & 6)

Open to all (bowed) string players in Year 4, 5 & 6 that are ready to play in an ensemble. We shall be working towards performances in the Christmas Tree Concert.

When: Wed: 07:50-08:25

Where: Mezzanine

Staff: Miss Hill

Cost per term: £40/Term

M23 Wind Ensemble (Year 5 & 6)

For Grade 1+ woodwind players (by invitation) who are ready to play in an ensemble. We shall be preparing pieces for the Christmas Tree Concert.

When: Wed: 08:00-08:30

Where: Ensemble Room

Staff: Ms Dubery

Cost per term: £40/Term

M23 Multi-Sports Club (Choristers Only)

In this club there will be the opportunity to take part in a range of sports including, dodgeball, table tennis, basketball and ultimate frisbee! This club is by invitation only. Should your son not wish to attend, simply email Mrs Hutchings and you can be removed.

When: Wed: 10:15-10:35

Where: Sports Hall

Staff: Mr Freeman-Day

Cost per term: £0/Term

M23 Badminton Club (Year 6)

Badminton club will run as a lunch time club and offer a chance for boys to play and practice their skills playing doubles. Mr Williams will give hints and tips to improve technique where needed. We will use both courts in the Sports Hall and aim to play doubles matches in rotation.	
When: Wed: 13:05-13:35	Where: Sports Hall
Staff: Mr Williams	Cost per term: £0/Term

M23 Table Tennis Club (Year 5 & 6)

Table Tennis club run by Mr Jones. This club is free of charge for this term.	
When: Wed: 13:05-13:35	Where: Mezzanine
Staff: Mr Jones	Cost per term: £0/Term

M23 Wednesday Art Club Drop-In (Years 3-6)

Open to all boys who would like to catch up or drop-in to carry on with artwork.	
When: Wed: 13:05-13:35	Where: Art Room
Staff: Ms Lucas-Haynes	Cost per term: £0/Term

M23 Warhammer (Year 5 & 6)

Originally releasing in 1983, Warhammer, and consequently Warhammer: 40k, has become one of the most popular table-top games in the world. At Warhammer club, the boys will be able to use the DT workshop to play with their miniatures, design and create new miniatures, and collaborate with each other discussing tactics, painting techniques, or the vast lore that accompanies both the Warhammer and Warhammer: 40k universes. Please note that all materials required will need to be brought to school by the boys. However, the boys can use the tools in the DT Workshop. The boys will remain responsible for the safety of their models and should only bring in models that are easy to transport, are going to be used for battle, or are going to be created.

When: Wed: 16:05-17:25

Where: DT Workshop

Staff: Mr Mills

Cost per term: £0/Term

M23 Fitness Club (Year 6)

Fitness club will put the boys through their paces every week through body circuit training. Boys will need steely determination and an ability to push themselves whilst working in a high intensity environment.

When: Thu: 07:45-08:15

Where: Sports Hall

Staff: Mr Divers

Cost per term: £0/Term

M23 Sport Scholars (Year 6)

For Year 6 boys who may potentially apply for a sports scholarship at their future school. This club is by invitation only.

When: Thu: 13:05-13:35

Where: Sports Field/Hall

Staff: Mr Saville

Cost per term: £0/Term

M23 Inspire Elite Development Chess (Years 3-6)

Inspire Elite Development Chess with Mr Povah. Selected boys only. This club carries a £35 fee for the term.

When: Thu: 13:05-13:35	Where: Mrs Fenton's Room (LH F08)
Staff: Elite Chess	Cost per term: £35/Term

M23 Chorister Theory (Year 4, 5 & 6)

Compulsory for Year 4, 5 and 6 Guildford Cathedral Choristers. Run by the music staff of Guildford Cathedral.

When: Thu: 13:05-13:35	Where: Music Room
Staff: Mrs Dienes-Williams	Cost per term: £0/Term

M23 Mindfulness Club (Year 5 & 6)

Mr Walters will be leading a mindfulness club for the boys. Mindfulness is about learning to train your attention on the present moment without dwelling on what has happened in the past or worrying about the future. There are many techniques and activities that achieve this end. It is a great club for the boys that might benefit from this type of contemplative "down time" and that want to learn a useful skill set that they can apply in future.

When: Thu: 13:05-13:35	Where: LHF05
Staff: Mr Walters	Cost per term: £0/Term

M23 Biathlon, Triathlon & Cross Country (Year 5 & 6)

With the school starting to enter Triathlon/Biathlon and Duathlon events, this is a perfect time to refine your cardiovascular endurance and transitions. As well as the health benefits, you will also learn key skills to stay safe on a bicycle. For this club, a bike and helmet is required and to be brought in either on a weekly basis or left at school for a half term. Boys should bring their bikes through the Cranley Road entrance themselves.

When: Thu: 13:05-13:35

Where: Sports Field

Staff: Mr Dwyer

Cost per term: £0/Term

M23 LAMDA Club (Year 5 & 6)

For those boys in Year 5 to get a taste of LAMDA and continue into the Lent 2023 if they wish, and Year 6 boys not having experienced LAMDA previously, to learn some new skills before their senior schools. Speech and Drama with LAMDA (The London Academy of Music and Dramatic Arts) is an exciting extra-curricular activity to help build confidence, performance and presentation skills. Lessons are taught in small groups, through a number of drama activities, including word games, poetry, improvisation and acting. Pupils are encouraged to explore different disciplines, allowing them to identify their strengths and interests, while working towards graded exams that progress through the year groups. Many of the local senior schools offer LAMDA, including RGS senior, so your son will be able to have a great head start, while gaining communication and performance skills which are transferable to many other aspects of their school lives.

When: Thu: 16:05-16:45

Where: Mezzanine

Staff: LAMDA

Cost per term: £115/Term

M23 M:Tech Club (Year 5 & 6)

M:Tech is an extracurricular music technology and creative composition course for children aged 7-13. They teach the fundamentals of music composition theory, with young learners composing soundtracks to fun and engaging multimedia projects like movie trailers and TV adverts. In the Winter 2023 term the children will be working on Project EPIC: Unleash your imagination and compose the soundtrack to an epic adventure! Create breath-taking music to bring incredible landscapes, people and animals to life on the big screen. Get ready to embark on a musical journey like no other with Project EPIC! After completing a term of lessons, learners will have created and completed their own unique piece of music to add to their growing M:Tech portfolio. This is sent home and certificates are awarded to mark their improvement and progress on the M:Tech course. Fees are £200 per term with weekly sessions of 40 minutes.

When: Thu: 16:05-16:45

Where: ICT Suite

Staff: M:Tech

Cost per term: £205/Term

M23 Computerxplorers Club (Year 5 & 6)

This term the children will be working on electronics projects using a modular electronics kit. Each lesson they will work in groups of two or three to build and test electronics experiments. In addition to this activity we will also run sessions in the second half term on Microsoft Makecode learning how to program video games and then transferring them onto handheld devices to play.

When: Thu: 16:05-16:55

Where: Library

Staff: ComputerXplorers

Cost per term: £85/Term

M23 Freestyle Futsal Club (Year 6)

How learning the art of playing futsal will make you a highly skilled footballer. In South America and parts of Europe children play futsal up to the age of 12 or 13 before starting football. The likes of Messi, Neymar and Ronaldinho became Icons of today through learning futsal. How futsal training develops your football techniques: Ball touches: Compared to football in futsal player's touch the ball 210 more often. Ball control: With limited space and constant pressure players enhance their 1st touch and ability to protect the ball. Speed of play: With increased ball touches and good ball control players learn to think and play faster. Creativity: Given the limited time and space player's must be creative in finding solutions and ways to escape pressure, using fakes and feints. Continuity: Action is continuous, so players have to maintain focus as the ball is hardly ever out of play. Knowledge: With all player's moving in non-stop action mode, player's understanding of the game is enhanced. Improved finishing: The small size of the pitch results in more attacking moments and opportunities to shoot on goal. Work ethic: You are constantly involved when playing futsal you are always on the move and have to work super hard to create chances on goal. Fun: All players enjoy the challenge of playing a fast paced, high energy and skill orientated game.

When: Thu: 16:45-17:15

Where: Astro

Staff: Futsal

Cost per term: £80/Term

M23 P2P Dodgeball Club (Year 5 & 6)

Dodgeball has rapidly grown in popularity on P2P's holiday camps and has become one of the most highly participated school team sports in the country. Dodgeball is a fast-pace and enjoyable game that requires minimal experience. P2P has developed many differentiated strategy and tactical activity variations of the traditional dodgeball game involving throwing, dodging, and catching. Our focus is to promote better coordination, movement, balance, spatial awareness, and teamwork.

When: Thu: 16:45-17:15

Where: Sports Hall

Staff: P2P

Cost per term: £75/Term

M23 Rock Band (Year 6)

Year 6 Rock Band is open to Year 6 boys who would like to play in a band. Later in the term boys will prepare pieces for the Christmas Tree Concert.

When: Fri: 07:50-08:25

Where: Ensemble Room

Staff: Mr Ng

Cost per term: £40/Term

M23 Quiz Club (Years 3-6)

If you love General Knowledge, Quiz Club is for you! Every week we will be in teams, answering questions on a variety of subjects. It's fun! It's fast!...and you learn so much in 30 minutes!

When: Fri: 13:05-13:35

Where: LH G06

Staff: Mr Moore

Cost per term: £0/Term

M23 Gardening Club (Year 4 & 6) After half term

Prep Gardening Club provides the opportunity for boys to spend some calm, relaxed time undertaking a range of seasonal gardening activities. In the Michaelmas Term we will be collecting and planting seeds, planting winter crops and spring bulbs, maintaining and adding to our bug hotels and compost store, as well as making plant-based seasonal decorations. This session is for Year 4 and 6 only and will run from after half term. There is a £10 charge for this club.

When: Fri: 13:05-13:35

Where: Garden

Staff: Mrs Millar & Miss Hough

Cost per term: £10/Half Term

M23 English Drop-In Club (Year 6)

Come along to practise your reading comprehension and creative writing in preparation for the 11+ examinations. This is a drop-in session, no need to book, just come along!

When: Fri: 13:05-13:35	Where: Classroom LF02
Staff: Miss Hay	Cost per term: £0/Term

M23 Music Theory Grades 1 & 2 (Years 4-6)

Boys wishing to begin studying music theory, will be taken through Grade 1 syllabus and then on to Grade 2. Parents will be advised when a boy is ready to take his exam, and can enter them online. (Cathedral choristers and probationers should not sign up for this club as their theory lessons are taught separately by Cathedral staff.)

When: Fri: 13:05-13:35	Where: MH-F04
Staff: Mr Kearsley	Cost per term: £40/Term

M23 LAMDA Club (Year 6)

This session is for boys continuing on from the Trinity 2022 term only. Speech and Drama with LAMDA (The London Academy of Music and Dramatic Arts) is an exciting new extra curricular activity to help build confidence, performance and presentation skills. Lessons are taught in small groups, through a number of drama activities, including word games, poetry, improvisation and acting. Pupils are encouraged to explore different disciplines, allowing them to identify their strengths and interests, while working towards graded exams that progress through the year groups. Many of the local senior schools offer LAMDA, including RGS senior, so your son will be able to have a great head start, while gaining communication and performance skills which are transferable to many other aspects of their school lives.

When: Fri: 16:05-16:45	Where: Music Room
Staff: LAMDA	Cost per term: £115/Term

M23 Judo Club (Year 6)

Judo is a sport for children of all sizes and abilities, helping to improve fitness, coordination and confidence. Boys will have the opportunity to be graded and take part in competitions, however they are very welcome to take part in lessons just to train, learn some self-defence and socialise. Should the boys wish to grade in the Spring and summer terms they will require British Judo Membership at an annual cost of £10.

When: Fri: 16:45-17:15

Where: Mezzanine

Staff: Judo

Cost per term: £85/Term